



# MUTHAYAMMAL ENGINEERING COLLEGE

( An Autonomous Institution )

( Approved by AICTE, New Delhi, Accredited by NAAC, NBA & Affiliated to Anna University )

Rasipuram - 637 408, Namakkal Dt, Tamilnadu.

## Department of Physical Education Organizes



# FIT INDIA CYCLOTHON

**PEDAL YOUR WAY TO FITNESS**

Date : 23<sup>rd</sup> to 30<sup>th</sup> December 2020

**REGISTRATION LINK**

<https://forms.gle/r8joM83QHiQ9kAX19>

*E - Certificate  
will be provided for  
all Registered Participants*



**FIT INDIA ! FIT INDIA !**



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## INSTRUCTIONS

- Pedal anywhere, anytime
- Choose the route at your convenience
- Take multiple breaks admits the ride
- Race yourself in your preferred pace
- Follow the COVID-19 protocol
- Ensure your health condition
- Use mobile apps to measure distance and route (Strava: Track Cycling)
- E-Certificate will be provide all the register participants
- To register your ride details through google form



### REGISTRATION LINK

<https://forms.gle/r8joM83QHkAX19>

- For further details contact: **9842778834**

**Email id [pd@mec.edu.in](mailto:pd@mec.edu.in)**

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